



National Office
P.O. Box 3696
Oak Brook, IL 60522-3696

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FROM: Wayne Loder
Public Awareness Coordinator
The Compassionate Friends
(Toll free) 866-964-4000
E-mail: wayneloder@aol.com

Chicken Soup for the Grieving Soul

Grief Book Supports Mission of The Compassionate Friends

Supporting the mission of The Compassionate Friends, *Chicken Soup for the Grieving Soul* is now available in bookstores across the country. The Compassionate Friends is the world's largest self-help bereavement support organization, aiding families following the death of a child.

In making the announcement, Patricia Loder, Executive Director of The Compassionate Friends, says the book is perfect for the newly bereaved, as well as those who have lost a loved one in the past.

"What makes this book different from many of the grief books I have read is that it relates shorter stories of hope which can be read easily in a few minutes of spare time," explains Loder. "Many grief books have long chapters which may be difficult to absorb, especially by someone in the midst of dealing with all that surrounds the death of a loved one."

"Grief is an emotion that every person has experienced or will experience sometime in their life," adds Jack Canfield, co-creator of the Chicken Soup for the Soul Series. "This is why we felt the need was great for a Chicken Soup for the Soul book that dealt directly with grieving. *Chicken Soup for the Grieving Soul* aims to help those currently dealing with the death of a loved one through providing inspirational and heartfelt stories, written by people who have themselves suffered through loss, that will bring hope and comfort."

While the book includes stories that cover grief related to the death of various family members, the publishers chose The Compassionate Friends as its charity of choice to receive a portion of the proceeds from sales.

"The Compassionate Friends organization was the natural choice as the charity for *Chicken Soup for the Grieving Soul*," says Canfield. "Its mission to aid those just beginning to grieve with the help and insights of veteran grievers is in total alignment with what we also hope this book will accomplish."

The Compassionate Friends has nearly 600 chapters in the United States, including locations in all 50 states. More than 15,000 attend meetings and outreach is provided to more than 200,000 bereaved families and to professionals every month. The organization has a presence in an estimated 29 countries worldwide.

For information about The Compassionate Friends and local chapters, call toll-free 877-969-0010 or visit the national TCF Web site at www.compassionatefriends.org. For information about *Chicken Soup for the Grieving Soul*, visit their Web site at www.chickensoupforthesoul.com. In addition to nationwide retailers, the book may be purchased from The Compassionate Friends' recommended supplier for grief resources, Centering Corporation at www.centering.org.

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